



Date: November 12, 2003

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**EMPIRE 8 ANNOUNCES VOLLEYBALL ALL-CONFERENCE TEAM
Tricia Jones of Nazareth Named Player of the Year**

ROCHESTER, NY – The Empire 8 announced its 2003 Volleyball All-Conference teams with junior middle hitter Tricia Jones of conference champion Nazareth College being named 2003 Empire 8 Player of the Year and earning first-team all-conference honors.

Jones recorded a .500 hitting percentage in conference play with 118 kills and just 22 errors in 192 attacks. She added 33 digs and 34 blocks in seven league matches. Overall, she averages 4.2 kills per game while hitting a league-best .423. Jones leads the Empire 8 in blocks (1.4 per game) and is third in service aces (0.6 per game).

First-year outside hitter Colleen Kiser was named Rookie of the Year and was selected to the second team. She hit .280 with 78 kills and 82 digs in seven conference matches. Roger Worsley of RIT was named Coach of the Year for leading the Tigers to a second-place conference finish.

Empire 8 2003 Volleyball All-Conference Awards

Player of the Year: Tricia Jones, Nazareth College

Rookie of the Year: Colleen Kiser, St. John Fisher College

Coach of the Year: Roger Worsley, RIT

First Team

Name	Yr.	Position	School
Sarah Ballard	Jr.	S	RIT
Alicia Boscarello	Sr.	OH	Elmira College
Tricia Jones	Jr.	MH	Nazareth College
Ashley Mokan	Sr.	S	Nazareth College
Erin Pellegrin	Sr.	S	St. John Fisher College
Julia Roth	Jr.	OH	Ithaca College

Second Team

Name	Yr.	Position	School
Missy Groginski	Sr.	OH	RIT
Janet Hammond	Sr.	OH	Ithaca College
Colleen Kiser	Fr.	OH	St. John Fisher College
Sara Shipley	Jr.	OH	Nazareth College
Laurie Underhill	So.	MH	RIT
Kristen Wheaton	Jr.	OH	Elmira College

S P O R T S I N F O R M A T I O N D I R E C T O R

Honorable Mention

Name	Yr.	Position	School
Chris Anabel	So.	OH	RIT
Jen Cramer	Jr.	L/OH	Ithaca College
Heather Nichols	So.	OH	Nazareth College
Mandi Morningstar	Fr.	S	Ithaca College
Meghan Morningstar	So.	MH	Ithaca College
Beth Sanger	So.	MH	Alfred University



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